

CTC NORTH YORKSHIRE 100K in 5 hrs
8 July 2012 START 10 am Morrison's Supermarket,
Dunslow Road, YO11 3UT (off A64 Seamer By Pass)

MILES	from Car Park turn Left at T jct T:Lts J turn L SP B 1261 Filey T:Lts TJ turn R SP B 1261 Filey CAYTON	35.5 37.9	TJ turn L SP ULROME Lissett offset Xrds GREAT CARE MAIN RD. SP GRANSMOOR cont to B. AGNES via. GRANSMOOR NB on L. Lissett Wind Farm + Info. board Memorial to 158 squadron worth a stop.
1.7	CAYTON	38.5	BURTON AGNES
2.2	CAYTON J turn R (Station Rd)		CAUTION at jct SO into lane as before
4.8	FOLKTON TJ turn L SP cycle route 1 SO SP MUSTON B1039	42.5 42.6	CAFE
7.6	MUSTON J R SP HUNMANBY (Hunmanby St)		Leave CAFE Turn L out of HALL GATES to TJ at Main Rd turn L & immed. after bend turn L. into lane no SP cont. to TJ bear L
9.0	HUNMANBY mini Rbt R then imm L. SP BURTON FLEMING Cycle route 1	42.8	CARE at bend (grass triangle) turn R no SP
9.7	Xrds SO SP Grindale-cycle route 1		CHECK
12.8	Xrds SO SP RUDSTON	44.9	NAME BOTH DESTINATIONS OF CYCLE ROUTE 1?
14.3	TJ turn L SP RUDSTON (Bridlington byway)	45.4	TJ R SP BRIDLINGTON
15.8	RUDSTON TJ R SP BURTON AGNES almost imm. turn L SP BURTON AGNES (Long St)		next Jct SO then bear L to proceed to RUDSTON (no SP)
16.3	SO SP BURTON AGNES		RUDSTON
19.3	B.AGNES TJ L SP BRIDLINGTON almost imm.L into lane & nr. top hard R to B.A. HALL GATES & CAFE	46.5 46.9	junction SO SP BURTON FLEMING TJ turn R SP RUDSTON MONOLITH almost immediately turn L SP BURTON FLEMING
19.6	leave cafe and at HALL GATES L to TJ (Main Rd) R & almost imm. L "(pond) SP cycle route 1	49.7	TJ turn L
19.8	GRANSMOOR		BURTON FLEMING
22.3	Lissett offset Xrds GREAT CARE MAIN ROAD	49.9	at Xrds in village turn R SP HUNMANBY
24.3	SO SP Hornsea	52.8	TJ turn R SP HUNMANBY
25.6	ULROME	52.9	in 1 00 yds turn E SP FILEY
26.9	SKIPSEA turn R SP BEEFORD SKIPSEA BROUGH	53.6	TJ L SP FLIXTON
27.3	Turn L SP DUNNINGTON almost imm. turn R SP DUNNINGTON	56.2	angled T J turn L SP MALTON FOLKTON
29.0	DUNNINGTON TJ turn L SP DUNNINGTON	56.6	Turn R SP CAYTON
30.6	Turn L SP BEWHOLME	59.0	TJ turn L into Main St CAYTON
31.4	TJ turn L SP BEWHOLME BEWHOLME	60.6	Tr Lts turn L into Dunslow Rd SP YORK (A64)
31.9	TJ turn L (no SP) CHECK	60.9	Tr Lts turn R SP YORK turn R SP SUPERSTORE
	NAME THE ROAD YOU HAVE TURNED INTO?	61.4	FINISH
35.0	TJ R SP SKIPSEA SKIPSEA		

NB (a) DISCLAIMER FOR ENTRANTS and
(b) ADDITIONAL NOTES on the ENTRY FORM FOR EVENT

IN AN EMERGENCY TEL. 07972 466239